Electronic health record (EHR) systems have become a mainstay for housing and communicating clinical patient data, since the U.S. federal government mandated their implementation in 2014. Several EHR systems have come to the forefront in popularity, with the leader being Epic (Epic Systems Corp., Verona, WI, USA). Such systems are costly, but improve capture of charges for a medical system through built-in requirements on physician and nurse users to order and document services, link diagnoses, and associate billing levels with each encounter. Prior studies have suggested a strain on providers from these EHR requirements, especially at the time of initial implementation. Inpatient safety has also been shown to improve after EHR implementation, but house staff job satisfaction has been impacted negatively by the time spent navigating the EHR.

In the endoscopy suite, there is little room for distraction due to constant monitoring of sedated patients and the procedural task load on assisting staff (including biopsy and polypectomy, among others). Our hypothesis was that implementing and learning a new EHR based on increased user input could, at a minimum, exert strain on staff, and in the worst case lead to distracted staff. Our aim was to measure patient safety and staff satisfaction in the endoscopy suite across practice settings including a tertiary care hospital, a community hospital, and an outpatient endoscopy unit during and after the implementation of a new EHR (Epic Systems Corp.). For all three practice settings, this new EHR was a replacement, as all locations had previously been operating with various “home-grown” EHR systems prior to Epic implementation. Endoscopic procedure volumes at the three practice settings range from 650 to 900 cases monthly.

Observational and survey data were collected from consecutive upper endoscopies and screening colonoscopies at each site prior to and after implementation of the replacement EHR at each of the three sites. Primary outcomes were aggregate survey results from endoscopy unit physicians and nurses regarding patient safety and staff satisfaction. Secondary outcomes included retrospective analyses of procedure time, changes in time spent directly monitoring patients and adverse event rate. Total procedure time (“scope-in time”) was collected, as in-room time was not recorded prior to use of the new EHR. Recorded hypoxia event rate (pulse oximetry less than 92%) was used as a surrogate marker of an adverse event. Through the review of in-room video monitoring before and after new EHR, nurse time spent directly monitoring the patient was measured as the percent of time in the room spent facing the patient or their electronic vital sign monitor. Physicians and nurses were surveyed regarding subjective safety and work satisfaction in the suite at one and six months after implementation of the EHR. Statistical analysis of this data included the use of Student’s t-test, Fisher’s test, and means calculations using SAS/STAT® (SAS Institute Inc., Cary, NC, USA).

Mean survey scores of 45 endoscopy providers, including 25 attending gastroenterologists and 20 nurses at the three facilities, are shown in Table 1 and as well on a Likert scale (Fig. 1). As these data show, staff perceptions of patient safety and job satisfaction were poor after the new EHR implementation. Endoscopy nurse perceptions were poorer than that of
The total number of procedures performed at all locations over the six months after the EHR go-live was intentionally reduced by 8.3%, compared to the preceding six months. Over 300 consecutive cases, procedure time significantly increased after implementation of the new EHR at one month (18 min vs. 24 min, \( p = 0.004 \)), which persisted at six months (18 min vs. 22.2 min, \( p = 0.015 \)). Percentage of time monitoring the patient in the procedure room, over 50 consecutive patients, was significantly less immediately after implementation of the EHR (86% vs. 72%, \( p = 0.033 \)). Recorded hypoxia events increased non-significantly after EHR implementation (28 events vs. 33 events, \( p = 0.59 \)).

Within academic and community settings, there are concerns among staff around patient safety, job satisfaction, and reduced direct patient contact versus time spent on the computer after the EHR transition. In our experience, these sentiments occurred despite an intentional reduction in caseload; additionally, they persisted through one year after implementation. Significantly less time was spent directly observing patients after new EHR implementation and time spent performing procedures was increased, which may be due to increased computer input requirements of staff during procedures. These results suggest that at a minimum, increased staffing, significantly reduced caseload, and hypervigilant care are essential during the implementation of a new EHR in the endoscopy suite. These deliberate efforts should be made to reduce staff dissatisfaction and burnout and to maintain patient safety when rolling out a new EHR.

Conflicts of Interest

Christopher C. Thompson received grants from Boston Scientific, Medtronic, USGI Medical, Olympus, Apollo Endosurgery, Fractyl, GI Dynamics, Aspire Bariatrics, and Spatz. He has ownership in GI Windows and Endo-TAGSS. Other authors have no financial conflicts of interest.

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REFERENCES


